

Bereavement support and probate helpline

Confidential and practical support – provided by the experts at Smart Health



Bereavement support

What's provided

- · Telephone sessions with a qualified expert
- Completely confidential service
- Free to use and available to you and your partner
- Access from 9am-5.30pm, Monday to Friday

How it can help

- A dedicated listening service to help deal with the death of someone important to you
- · Support with managing anxiety and stress
- Referral to onward support
- Pointing you to therapy resources

Probate helpline

What's provided

- Access to telephone helpline, providing information and support with the probate process
- Free to use and available to you and your family
- Completely confidential service available from Monday to Friday, 9am-5pm

How it can help

- Explaining the probate process
- Guidance on legal, financial and tax issues after a death
- Helping you and your family navigate any necessary admin





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